



# Ernest Cumberland ES

Mrs. E. Short, Principal  
Mrs. J. Frans, Vice Principal

## May Newsletter

### THIS MONTH'S CHARACTER TRAIT

*RESPECT*

*DU RESPECT*

We treat ourselves, others and the environment with consideration and dignity.

Nous Nous traitons nous-mêmes, d'autres et l'environnement avec considération et respect.

[www.scdsb.on.ca/about/character\\_education](http://www.scdsb.on.ca/about/character_education)

### THANK YOU!

Thank-you to Alliston McDonalds who partnered with us to gift each staff member with a free small coffee to thank them for their essential work at ECES!

### RAISE THE DOUGH - PIZZA FUNDRAISER

This is a reminder that **Wednesday May 12<sup>th</sup>** is the next Ernest Cumberland ES Raise the Dough fundraiser with Domino's Alliston.

Remember to ask for the *Ernest Cumberland Special*, 2 pizzas with 2 toppings on each and a bread of your choice! If you order online, use the code ECC. This special is available to anyone in the community.

Thank you for your support of this fundraiser! Bon Appetit Eagles!

### REGISTER NOW FOR SUMMER CHILD CARE

Child care programs for children in Kindergarten to Grade 6 are provided by independent, third-party child care operators in some SCDSB schools. To support your child care needs, some operators offer child care over the summer holidays. Registration in advance is required. Please contact the child care operator directly to discuss fees and to register. More information and contact numbers can be found at [https://scdsb.on.ca/elementary/planning\\_for\\_school/childcare\\_before\\_after](https://scdsb.on.ca/elementary/planning_for_school/childcare_before_after).

### REGISTER NOW FOR BEFORE AND AFTER SCHOOL PROGRAMS FOR SEPTEMBER 2021

Register your child(ren) now for the before and after school program at our school for the 2021-22 school year. Your child's space in the program for September 2021 will be considered a priority if completed registration forms have been submitted to the child care operator by **June 30, 2021**. Please contact YMCA ALLISTON—705-435-8897 to register your child(ren).

### MENTAL HEALTH WEEK IS MAY 3 TO 9

Join us for #SCDSBMentalHealthWeek! The first full week in May (May 3-9) is annually recognized as Children's Mental Health Week and Mental Health Week in Ontario. Throughout this week, the SCDSB would like to continue to bring awareness to the importance of student, staff and community mental health by focusing on resources and activities that promote positive mental health for all students, staff and school communities. Learn more: <https://bit.ly/2QdibGR>



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SAFE ARRIVAL NUMBER  
705-435-0676 ext. 1



WE LOVE DOGS,  
HOWEVER...

As a school it is important for us to ensure all staff, students and visitors are safe.

*Please refrain from walking your dog on school property.*



## SIMCOE MUSKOKA SKILLED TRADES EXPO

TAKING PLACE VIRTUALLY THROUGHOUT MAY

The SCDSB's Ontario Youth Apprenticeship Program (OYAP) and community partners are hosting the Simcoe Muskoka Skilled Trades Exposition throughout the month of May. This year, the Expo has taken the form of a Local and Loud Scavenger Hunt featuring Made in Simcoe County careers and companies.

Visit <https://workinsimcoecounty.ca/virtual-skilled-trades-expo> to see how well you know our local skilled trades and apprenticeship partners around Simcoe County. For more information, please email [emclachlin@scdsb.on.ca](mailto:emclachlin@scdsb.on.ca).



<https://main.simcoecountyschoolbus.ca/>

## MATH IS EVERYWHERE! FIND IT TOGETHER!

Are you looking for ways to develop your child's math understanding while learning from home? Check out this parent guide for practical tips and activities that you can do together!

The Ministry of Education's, Doing Mathematics with Your Child - A Parent Guide, is a fantastic resource that provides activities and prompts in support of the major concepts explored in the mathematics curriculum. While this resource references the 2005 mathematics curriculum, the activities and tasks found within are still very relevant and meaningful to their current learning.

The activities in this resource promote and support critical thinking, problem solving, reasoning ability and the ability to communicate mathematically. These processes are the foundation of mathematics instruction in Ontario schools. Explore these skills as you engage your child in the activities suggested in the parent guide which can be viewed here: <https://bit.ly/3txWxeK>.

You are an important partner in your child's mathematics education. There are so many ways to engage your child in thinking and talking about mathematics around the house and in your community! Some activities to check out:

**Adding and Subtracting Made Fun** - Games to play with household items to practice various adding and subtracting strategies: <https://bit.ly/2QwUOaR>

**Measurement Matters** - Once your child understands how the metric system is organized and how the units relate to one another, conversions will be a snap: <https://bit.ly/3anIu3A>

**Comparing Things Around the Home** - By comparing items around the home, your child can begin to understand some basic principles of measurement: <https://bit.ly/3szho1g>



## GET ACTIVE OUTDOORS

With the warmer weather fast approaching, many of us are anxious to spend more time outdoors, especially children. Research suggests that spending time outdoors has a positive effect on our mental health and well-being. A simple trip outdoors can do wonders for relieving anxiety, stress and depression. Children connected with nature tend to be healthier, happier, sleep better and display better focus and creativity.

If you're looking for some mood-boosting outdoor activities to do with your family, here are some fun ideas to get out and enjoy the great outdoors:

### Organize a nature scavenger hunt

A great way to get the whole family outdoors is to organize a nature scavenger hunt. Make a list of nature items found in your yard, neighbourhood or on a trail nearby, and head out to see what you can find! Not only is this activity fun, it gets everyone up and moving.

### Create an outdoor obstacle course

Obstacle courses are a great way to engage children in physical activity and create a fun competition. Set up a course in your yard using toys, pillows, water bottles or anything you have at home. The fastest one through the obstacles wins! You could even start a relay for an added challenge!

### Take your family workout outdoors

When you are active with your kids, it sends them an important message about healthy living. Try leading your family in a group workout outdoors. If you are looking for ideas and inspiration for family-friendly workouts, visit [www.ymcahome.ca](http://www.ymcahome.ca) where you can find activities for all ages and fitness levels. Once you learn the basic movements of the workout, gather your family outside and exercise together. It's always more fun to exercise with a buddy!

*Information provided by the YMCA of Simcoe Muskoka*

## KEEP CONNECTED WITH OUR SCHOOL AND WITH THE SCDSB

It's important to get accurate information about what's going on at your school and at the Simcoe County District School Board (SCDSB). Here are some ways to do that:

- Subscribe to our school's website by visiting the 'What's New' section at <http://ern.scdsb.on.ca>. You can sign up to receive emails about school news updates and information during emergency situations. It's easy to subscribe – visit our website and click the 'Subscribe' link at the very top of the page. Provide your email and click 'Subscribe'; a message will be sent to your inbox with a link to click to confirm that you want to subscribe. You can unsubscribe at any time using the link at the bottom of each email.
- Sign up to receive SCDSB media releases by clicking the 'Subscribe' button at [www.scdsb.on.ca](http://www.scdsb.on.ca).
- Follow the SCDSB on Twitter (@SCDSB\_Schools), Facebook ([facebook.com/SCDSB](https://www.facebook.com/SCDSB)) and Instagram ([instagram.com/scdsb](https://www.instagram.com/scdsb)).
- Follow Ernest Cumberland on Twitter (@ECESeagles) and Facebook ([facebook.com/ErnestCumberlandElementary](https://www.facebook.com/ErnestCumberlandElementary))

## HOLY DAYS AND HOLIDAYS CALENDAR

# MAY

2021

1	<b>Twelfth Day of Ridvan</b> Bahá'í
1	Beltane Wicca
2	<b>Easter (J)</b> Christianity
3	<b>Easter Monday (J)</b> Christianity
7	<b>Jumatul Widha</b> Islam
8	<b>Lailat-ul-Qadr</b> Islam
13	<b>Eid-ul-Fitr</b> Islam
17-18	<b>Shavuot</b> Judaism
18	Buddha's Birth Date Buddhism
23	<b>Declaration of the Báb</b> Bahá'í
23	Pentecost Christianity
23	<b>Zarathosht-no-diso (SC)</b> Zoroastrianism
24	Victoria Day Canadian Holiday
26	<b>Wesak/Buddha Day</b> Buddhism
28	<b>Ascension of Bahá'u'lláh</b> Bahá'í

# May 2021

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2	3	4	5	6	7	8
9	10	11	12 Domino's Pizza Fundraiser	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

## DAYS OF AWARENESS:

Throughout the year, there are many awareness days that focus on different causes and recognition. The Simcoe County District School Board has developed a list of these days as a guide for schools. Schools may participate in recognizing some or all of these days in various ways. This list is not exhaustive. Following are the days of awareness and recognition that the SCDSB will recognize during the month of May:

<b>May 1</b>	School Principals' Day
<b>May 3</b>	Music Monday
<b>May 3-9</b>	Mental Health Week
<b>May 4</b>	May the 4 <sup>th</sup> (Star Wars Day)
<b>May 3-7</b>	Education Week/SCDSB Celebrates
<b>May 9</b>	Mother's Day
<b>May 15</b>	International Day of Families
<b>May 17</b>	International Day Against Homophobia, Transphobia and Biphobia
<b>May 30- June 5</b>	National AccessAbility Week